

Name \_\_\_\_\_

Date \_\_\_\_\_

## INTAKE EVALUATION

### FAMILY AND MARITAL HISTORY

Father \_\_\_\_\_ Age \_\_\_\_\_ Yr. Deceased \_\_\_\_\_

Mother \_\_\_\_\_ Age \_\_\_\_\_ Yr. Deceased \_\_\_\_\_

Siblings	Name	Age	Where living
	_____	_____	_____
	_____	_____	_____
	_____	_____	_____
	_____	_____	_____

Children	Name	Age	Where living
	_____	_____	_____
	_____	_____	_____
	_____	_____	_____
	_____	_____	_____

Marriage Spouse/Partner Name \_\_\_\_\_  
Current status: Married \_\_\_\_\_ Divorced \_\_\_\_\_ Single \_\_\_\_\_ Widowed \_\_\_\_\_  
Year(s) married \_\_\_\_\_ # of previous marriages \_\_\_\_\_  
Dates of previous marriages \_\_\_\_\_

### PRESENTING PROBLEMS

Describe the problem(s) that brought you here today:

Have you ever been in counseling before? \_\_\_\_\_ Yes \_\_\_\_\_ No  
If yes, describe experience/results: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

History of legal problems \_\_\_\_\_ Yes \_\_\_\_\_ No

History of financial problems \_\_\_\_\_ Yes \_\_\_\_\_ No

Name \_\_\_\_\_

Date \_\_\_\_\_

**MEDICAL**

Significant medical history \_\_\_\_\_

Current medications \_\_\_\_\_

Allergies \_\_\_\_\_

Current medical problems \_\_\_\_\_

Primary Care Physician \_\_\_\_\_

**SUBSTANCE USE HISTORY**

Do you use/have used tobacco? \_\_\_\_\_ currently \_\_\_\_\_ past \_\_\_\_\_ no

Do you use/have used alcohol \_\_\_\_\_ currently \_\_\_\_\_ past \_\_\_\_\_ no

Do you use/have used drugs \_\_\_\_\_ currently \_\_\_\_\_ past \_\_\_\_\_ no

Do you consider your use of any substances to be problematic? \_\_\_\_\_ yes \_\_\_\_\_ no

Are there any other addictive/compulsive problems? \_\_\_\_\_ yes \_\_\_\_\_ no

If yes, explain \_\_\_\_\_

**PLEASE CHECK ANY SYMPTOMS YOU ARE CURRENTLY HAVING:**

Depression	Feeling hopeless	
Extreme sadness	Feeling tearful	
Trouble concentrating	Change in sleeping habits	
Memory problems	Lack of energy	
Change in eating habits	Weight changes	
Feelings of extreme happiness	Change in sexual interest	
Trouble performing your job	Problems with family/friends	
Lack of enjoyment of usual activities	Feeling stressed	
Self esteem problem	Easily irritated	
Perfectionism	Feeling guilty	
Obsessions or compulsions	Feeling nervous	
Feeling fearful	Sudden feelings of panic	
Physical complaints of pain	Muscle tension	
Problems with anger	Acting violently	
Thoughts about hurting yourself/others	Thoughts about killing yourself/others	

Please look over the list and identify the symptoms that are causing you the most concern now:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Is there anything that should be discussed that has not been identified that might have an impact in counseling \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_